

UNDERSTANDING THE DIFFERENT TYPES OF ASTHMA INHALERS

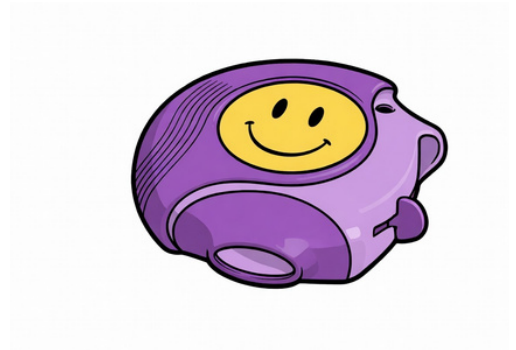
Metered-Dose Inhaler (MDI) - The “Puffer”

- Most common
- Best for children 6 months-12 years (at least)
- Required good coordination unless using a spacer
- Examples: Flovent, Symbicort



Dry Powder Inhaler (DPI)

- No Propellant
- Requires a strong, quick breath in
- Requires excellent coordination
- Examples: Advair Diskus, Pulmicort Flexhaler



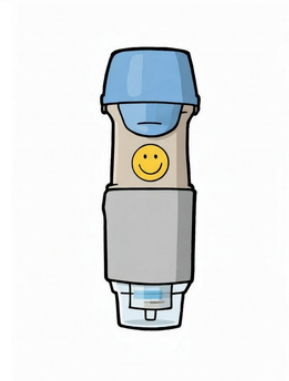
Nebulizer

- Machine that turns liquid into a fine mist
- Best for very young children
- Longer treatment time (5-15 minutes)
- May give more side-effect



Soft Mist Inhaler

- Creates a Slow-Moving Mist
- Easier to inhale than regular MDI (without Spacer)
- Medications are rarely used in pediatrics
- Example: Spiriva Respimat



BETTER BREATHING MD